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**MARCH 2016  
UGANDA TRIP  
TENTATIVE ITINERARY**

Below is the tentative itinerary for the March 2016 trip. The finalized daily itinerary may differ slightly.

**Day 1: Depart for Uganda (March 23, Wednesday)**

Meet fellow travelers at the airport and begin your journey of a lifetime.

**Day 2: Welcome to Uganda (March 24, Thursday)**

Our driver/guides will be at Entebbe Airport to pick us up from our flight. They will bring us to our accommodation in Entebbe. Dinner is on your own.

**Day 3: Travel to Tororo, Uganda (March 25, Friday)**

After breakfast at the hotel, we head for Tororo where we will be staying at the Prime Hotel, ([www.prime-hotel-tororo.com](http://www.prime-hotel-tororo.com)) or a similar hotel. We will meet with Give Us Wings staff, receive an orientation and learn about the various projects we will be working on. We will stay at the Prime Hotel for the duration of our time in Tororo. [Breakfast is included with your room. Lunch and dinner will vary. (B (breakfast) and D (dinner) provided. L (lunch) on your own.)]

**Day 4: Tororo (March 26, Saturday)**

After breakfast, the volunteer will with the Tororo District Health Department and present copies of their medical credentials. We will then proceed to Tororo Hospital for a brief tour. In the afternoon, the volunteers will meet with the Give Us Wings Uganda Board of Directors. (BLD provided)

**Day 5: Tororo and Kayoro (March 27, Sunday)**

After breakfast, Volunteer Group 1 will be familiarized with the work at St. John's Kayoro Health Center II (SJKHCII). Group 2 volunteers will meet with the Village Health Team and learn about their work in the community. Volunteer Group 3 will meet with the Health Unit Management Committee and learn about their management of the clinic and the challenges they face. All volunteers will participate in a community Lunch and Learn (topics to be chosen prior to arrival).



Visit to local families for overnights for those volunteers who choose to do so. (BLD)

**Day 6: Tororo and Kayoro (March 28, Monday)**

Volunteers return from overnights. Volunteers hold community outreaches. Later volunteers meet with SJKHCII staff for feedback and general discussions. In the afternoon, the volunteers will join clinic staff as they conduct family health visits in their homes. (BL provided, D on your own)

**Day 7: Tororo and Kayoro (March 29, Tuesday)**

One group of volunteers will work at SJKHCII, another group will meet with the sponsored students who are participating in the Family to Family program. The group will have lunch with the students. Afternoon rest or go into town. (BLD provided)

**Day 8: Tororo and Kayoro (March 30, Wednesday)**

Similar to Day 7 schedule. (BLD)

**Day 9: Tororo and Kayoro (March 31, Thursday)**

Volunteers will visit the schools attended by the sponsored students and hold health discussions. In the afternoon, Group discussion regarding volunteer experience. Africa Program Director feedback. (BL provided, D on your own.)

**Day 10: Tororo and Kayoro (April 1, Friday)**

2 or 3 people will participate in a radio talk show about a topic to be determined. In the early afternoon, all volunteers will leave Tororo and travel to Jinja (headwaters of the Nile) for a tour and shopping for African art. Spend the night in Jinja. (B, D provided, Lunch on your own.)

**Day 11: Jinja to Entebbe and leave for the US (April 2, Saturday)**

Everyone returns to Entebbe for the evening flight to return to the US.



**TRIP COST:**

The cost of the basic trip, Day 1 – Day 11, is \$2,000, not including airfare and personal expenses.\*

Single Accommodation Add-on is \$250.

\*Personal expenses, such as telephone call bills, tips and gratuities to hotel staff, camp staff and drivers. (Budget approximately \$2-\$4 per person per day for lodge and hotel staff, \$1 per bag for porters and \$5-\$10 per person per day for the driver guides) All local or international flights and departure taxes, laundry services and any other items not included in the itinerary.